



**POPULATION
HEALTH TRUST**
ADVISORY COMMITTEE

Board of Health
Ron Wesen, Chair
Kenneth Dahlstedt, Commissioner
Lisa Janicki, Commissioner

PHT Steering Committee Meeting

Monday March 13, 2017 12:00pm-1:30pm

Skagit County Commissioner's Building, Copper Room

Members: Connie Davis, Jennifer Johnson, Debra Lancaster, Kevin Murphy, Liz McNett Crowl, Kristen Ekstran and David Jefferson

Absent: Carol Hawk, Bill Henkel

- **Welcome & Approved previous notes**

- **Reviewed the Agenda**

- **Progress on Next Indicator-Maternal & Child Health**

David shared the initial Maternal & Child Health (MCH) Steering group is scheduled to meet on March 27, which will include: Debra Lancaster, Mary Ellen Lykins, Jennifer Sass-Walton, David Jefferson, Lyndie Case and Kristen Ekstran. At this meeting, they will talk about the process the Trust has established for working on indicators, establish a lead co-facilitator, and map out a plan for the next 6-8 months. As they begin analyzing data, they will look to providers for additional data points, hopefully leading to new indicators to include in the Trends site.

Connie suggested that if the group is going to collect ACEs info, that providers be given notification. Some medical staff feels uncomfortable collecting ACEs information, so discuss this issue and determine criteria and justification for utilizing it.

David will contact Jennifer Sass-Walton to get additional information on ACEs, and refer her to the Pediatric Provider at Skagit Regional Health, Dr. A. Paul.

Debra noted examples of the wide variety of consortiums and coalitions working in this area: United Way (strategies should be finalized by June), Children's Council, SVC Early Learning Center, 1095 Coalition and an exciting project underway to determine whether Skagit Publishing can deliver food boxes to children in need through the paper delivery system.

David noted that MCH gives the Trust an opening to be even more ambitious about collective impact than it has been to date. He reminded the Steering Committee of the King County Best Starts for Kids levy that funds numerous children's initiatives in King County. There was discussion about the benefits of activating a levy campaign and how it might be done. The Trust membership would need lots of time in discussion and planning before considering this route.

- **The Trusts Role with North Sound Accountable Communities of Health & Priority Areas**

Do we stay on our current course or do we open ourselves up for a wider scope of priority work based on additional ACHS priorities?

Comments/Questions

- There are risks and benefits for both. We need to make sure we are engaging the community by continuing to represent their priorities. On the other hand, a wider scope covers a range of issues that may be important but didn't rise to the top of our list.
- We can open wider or leverage a host of processes that are taking place with the ACH and the NSBHO, for example. Our capacity is a limiting factor.
- It seems that PHT members and their agencies are tapped out, so the PHT needs to consider how to better activate the community and other resources.
- We may want to expand to some areas, but should wait and see what data calls for and capacity allows.
- Once the ACH Project work begins, they will establish workgroups and it would be proactive to have some PHT members involved in them. If we were to align with the ACH, we should work through projects that meet Skagit's community needs. It would be smart for us to be flexible around additional indicators that come down the line, if the data suggests an emerging need (such as Opioids). Jennifer notes the ACH decided to include a seat for a PHT representative on the Program Council. Jennifer Johnson suggested that the Trust should nominate someone to fill that position.

- **May Retreat**

David proposed some areas of focus and asked for suggestions, as follows:

- ✓ How can the Trust can become more significant?
- ✓ Spend time updating each other on where our Forces of Change are today

Suggestions

- Interested in seeing where we are and consider doing extra research on Emergent Needs
- How about establishing a "Health Forecast." like the "EDASC Forecast." We could discuss the resources we collectively have, collecting additional data and assessing what we can do.
- Consider Advocacy as one of our best tools - What's our role? What can we do more of? What is the range of advocacy tools?
- Talk about fundraising and greater collective impact. Have a speaker who can educate the Trust about public funding option. It would help us while working through the Maternal and Child Health workgroup to have these concepts as part of the discussion.
- Include a tribal representative on the planning committee.

The group agreed to have a speaker on a levy campaign process.

- **Opioid Update**

The Board of Health signed the Opioid Resolution last week. The OWLT group has a lot going on through the action plan. Phoenix Recovery Services is working on the Narcan inventory required through the SAMHSA grant. Skagit Regional Health is working with an internal Opioid Workgroup. We really need to start collecting the actions going on from Trust members to keep the work clear and unduplicated. Kristen reported that she is holding discussions with Insightformation about participation in an opioid pilot project that would provide community technical assistance around technology for strategy mapping and collecting output from the community.

- **Schmooze Fair Event**

Kristen shared that EDASC has provided PHT a booth at Schmooze Fair. The event is scheduled for Thursday April 6, from 4:00pm-7:00pm, located at Van Zyverden Bulb Warehouse in the Port of Skagit. This is an amazing venue for us to showcase the work of the Trust and reach out to potential collaborators.

Kristen is in need of 5-10 volunteers to come and “Schmooze” in 45 minute shifts. A volunteer email will follow.

- **Next Steps**

- Recruit Trust participants for the Schmooze Fair which is scheduled for Thursday April 6, 2017 from 4:00pm-7:00pm
- Invite a few Trust members to serve as a small Retreat planning workgroup
- Talk with Jennifer Sass Walton About Aces and how does the medical community assess and serve people e with these challenges?
- Next PHT Membership Meeting is scheduled for Thursday April 13th from 8:30am-11:00am, located at the Commissioner’s Hearing Room.
Please note the date and location change
- Next Steering Committee Meeting is scheduled for Monday April 17th, 2017 form 12:00pm-1:30pm, located at the Skagit County Commissioner’s Building-Copper Room
Please note the date change